



# ADIPS Limited

AUSTRALASIAN DIABETES IN PREGNANCY SOCIETY LIMITED

## ANNUAL REPORT 2018



# Australasian Diabetes in Pregnancy Society Limited (ADIPS)

The Australasian Diabetes in Pregnancy Society (ADIPS) is a public company limited by guarantee. It is a specialist medical society with a professional membership of medical graduates, health professionals and scientists interested in diabetes mellitus as it relates to pregnancy or who have a primary role in professional diabetes in pregnancy care in women. It's premier annual event is its scientific meeting which attracts over 250 health care professionals facilitating and promoting the free exchange of knowledge with respect to diabetes in pregnancy.

## The Objects of ADIPS Limited

The dominant purpose and principal activity of ADIPS is to promote the prevention or control of diabetes mellitus as it relates to pregnancy in women.

The Company aims to further its dominant purpose by:

- (i) developing or assisting in developing treatment for the use in the prevention or control of diabetes mellitus in pregnancy;
- (ii) engaging and encouraging, promoting and facilitating research, or assisting in the research into the causes, prevention and treatment of diabetes mellitus in pregnancy;
- (iii) promoting among members of the medical profession, scientists and others the free exchange of knowledge with respect to diabetes mellitus related to pregnancy;
- (iv) developing in association with other interested bodies, education methods designed to give those who have diabetes mellitus as it relates to pregnancy a better understanding of their condition;
- (v) improving standards of diagnosis and management of diabetes mellitus before, during and following a pregnancy;
- (vi) disseminating to the public accurate information about diabetes mellitus related to pregnancy and the risk factors associated therewith;
- (vii) promoting research related to diabetes mellitus related to pregnancy by individuals, hospitals, clinics, universities and other institutions and organisations;
- (viii) being responsible for statements relating to the professional and research aspects of diabetes mellitus related to pregnancy (both medical and scientific); and
- (ix) taking such other measures and encourage such service as will enhance the welfare of individuals having diabetes mellitus as it relates to pregnancy.

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### ADIPS Limited

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# Directors and Officers of the Board of ADIPS Limited ACN 608 091 274



**Dr Sarah Price**  
President and Board Chair (2018-2020)  
Endocrinologist, Melbourne VIC  
Joined the Board on 27 August 2016



**Ms Marina Mickleson**  
Nurse Practitioner, Credentialed  
Diabetes Educator, Midwife  
Perth, WA  
Joined the Board on 24 August 2018



**Professor Leonie Callaway**  
President and Board Chair (2015-2018)  
Obstetric Physician, Brisbane, QLD  
Joined the Board on 7 September 2015



**Dr Arianne Sweeting**  
Endocrinologist, Sydney, NSW  
Joined the Board on 24 August 2018



**Dr Peter Wein**  
Deputy Board Chair  
Obstetrician, Melbourne, VIC  
Joined the Board on 7 September 2015



**Dr Victoria Rudland**  
Endocrinologist, Sydney, NSW  
Joined the Board on 24 August 2018



**Professor David McIntyre**  
Endocrinologist, Brisbane, QLD  
Joined the Board on 7 September 2015



**Dr Helen Barrett**  
Endocrinologist and Obstetric Physician  
Brisbane, QLD  
Retired from the Board  
on 24 August 2018



**Professor David Simmons**  
Endocrinologist, Sydney, NSW  
Joined the Board on 27 August 2016



**Dr Ian Fulcher**  
Obstetrician, Sydney, NSW  
Retired from the Board  
on 24 August 2018



**Dr Cynthia Porter PhD**  
Dietitian and Diabetes Educator (CDE)  
Rural and Remote, WA  
Joined the Board on 7 September 2015



**Ms Suzie Neylon**  
Executive Officer and Company  
Secretary  
Sydney, NSW  
Appointed Company Secretary  
on 7 September 2015



**Ms Janet Lagstrom**  
Nurse Practitioner, Credentialed  
Diabetes Educator, Midwife  
Rural and Remote, VIC  
Joined the Board on 27 August 2016



# Report from the President and Board Chair

Sarah Price, President and Board Chair from 24 August 2018

Hello all,

As many of you already know, I have been given the great honour of taking on the position of Chair of the ADIPS Board of Directors. It is a privilege to follow in the footsteps of Professor Leonie Callaway who gave us many years of enthusiasm, friendship and (of course!) hard-work. She leaves a great legacy of supporting research and clinical care for women with diabetes in pregnancy. She has also been an inspirational figure for many aspiring clinicians and researchers. Fortunately, Leonie has agreed to stay on the Board of Directors of ADIPS for an additional 12 months to smooth the transition between Boards.

For the next term, the ADIPS Board of Directors will consist of myself (Chair), Peter Wein (Deputy chair), David McIntyre (Therapeutics), Arianne Sweeting (Communications), Janet Lagstrom and Cindy Porter (Finance), Marina Mickleson (Membership), David Simmons (Benchmarking), Victoria Rudland (Guidelines) and Ruth Hughes (all things New Zealand). And of course, Suzie Neylon remains the Executive Officer of ADIPS.

Thank-you to all those who were involved in the 2018 Annual Scientific meeting in Adelaide. I understand that the sessions looking at 'Models of Care' were particularly well received. Given the ever increasing number of women with gestational diabetes, it was interesting to see how each centre is coping with the demand for excellent diabetes care in the face of ever-growing clinic numbers. The metformin vs insulin debate has

also generated great discussion and I am sure will remain an ongoing topic of discussion in 2019.

I would also like to thank Victoria Rudland who has taken on the role of Chair of the Writing Group to update the ADIPS guidelines for the management of women with pre-existing diabetes. This is a huge task which is not yet complete. I am sure Victoria will continue to keep you informed of the progress of this document.

In late November 2018, the Federal Government Health Minister Hon. Greg Hunt, announced \$100 million dollars for funding for subsidised Continuous Glucose Monitoring in people with type 1 diabetes. Although the specific details of eligibility are yet to be released, I understand both Flash Monitoring and Continuous Glucose Monitoring will be subsidised for women with type 1 diabetes before, during and after pregnancy. I would like to congratulate the ADIPS community for the part they have played in this announcement. This is excellent evidence of the impact of advocacy.

Our next ASM will occur in Sydney in August 2019. Please start to think about possible abstracts early in the 2019 year! It would be great to see more abstracts from basic science and diabetes technology.

I hope you all enjoyed a happy and safe festive season.

Warm regards

**Sarah Price**

President & Board Chair - ADIPS Limited



# President and Board Chair's Report to the AGM 2018

Adelaide Convention Centre, 24 August at 4.00pm

Leonie Callaway, President and Board Chair,  
7 September 2015 to 24 August 2018

The President and Chair of the Board, Professor Leonie Callaway, welcomed the members to the Annual General Meeting and to the city of Adelaide.

The Society continues to grow, with a current membership of 458 (of which only 181 are currently financial). There are 140 who have not paid for over 3 years and will soon be terminated bringing us back to just over 300 regular supporters.

ADIPS welcomes all health professionals involved in the care of women with diabetes in pregnancy as members, and this extends to our Annual Scientific Meetings also.

Our membership is currently comprised of:

- 37% Endocrinologists, Obstetric Medicine and other physicians
- 8% Obstetricians
- 31% Diabetes Educators
- 15% Nurse Practitioners, Dietitians, Midwives, and a small number of psychologists, exercise physiologists and pharmacists
- 2% researchers and
- 6% trainees and students.

## Annual Scientific Meeting

The ASM in Adelaide attracted 225 registrants with 75 abstracts received.

The organising committee was chaired by Julie Chemmanam who was ably assisted by her local team including Jui Ho, Shantha Joseph, Jillian

Lyon-Green and Sandra Palazzo with Suzie Neylon and the team from ASN assisting with the local organising. We thank them all very much for producing such an interesting and exciting program.

Boyd Metzger was thanked for his plenary lecture at the meeting and awarded with Honorary Membership to ADIPS in recognition of his dedication and services to diabetes in pregnancy medicine and research.

*Jeremy Oats was invited to the podium to provide background on the life work of Boyd Metzger who was then presented with his Honorary Membership – the first international person to be awarded.*

The Adelaide Convention Bureau were thanked for being the Principal Supporting Partner for the meeting. Medtronic were the Major Sponsor of this event and were thanked along with all exhibitors including Diabetes Australia NDSS, Novo Nordisk and Lilly.

*The President handed over to Helen Barrett, a member of the Finance, Audit and Risk Committee to give the financial report.*

## ADIPS-Novo Nordisk Research Grants

The President reported that there would be two ADIPS-Novo Nordisk research grants, each worth \$6,000, awarded at the meeting - one for Clinical Research, and one for Education Research.

Novo Nordisk generously contributes half the cost of these awards and we acknowledge and thank

them for their ongoing support with these grants. All recipients will present the outcomes of their research within 2 years of their award at a future ADIPS meeting.

### Future meetings

The 2019 ASM will be held in Sydney from 23-25 August following the ADS/ADEA ASM.

2020 will be a joint meeting with SOMANZ and the two societies are currently discussing Hobart as the location.

### Honorary Life Membership

Leonie Callaway reported that the current Honorary Life members of ADIPS include Skip Martin, Ken Mountain, Jeremy Oats, David McIntyre, Aidan McElduff, Diane Howard and now Chris Boorman. Chris Boorman was awarded with Honorary Life Membership to ADIPS in 2018 for her years of dedicated participation and service to the Society. Leonie Callaway reported on the working life of Chris Boorman and thanked her for her many years as Treasurer to ADIPS. She was awarded with a commemorative certificate for Honorary Life Membership to ADIPS.

Leonie Callaway thanked David Simmons for his benchmarking initiative and thanked Janet Lagstrom and Cindy Porter for their roles in the Membership Committee. Sarah Price was thanked for her time as editor of the newsletter. The retiring Board Members Helen Barrett and Ian Fulcher were thanked for their services during their years on the Board on the Finance Committee. Ian Fulcher was given a special thanks for his light-heartedness and entertainment at every board meeting. David McIntyre was thanked for being the caretaker of the Board and Society whilst Leonie Callaway was on sick leave. Suzie Neylon was thanked for her ongoing support of the board and membership over many years. Victoria Rudland was thanked for taking the lead in the update of the management guidelines.

Leonie Callaway thanked the chairs of the Annual Scientific Meeting organising committees during

her term as President including Shantha Joseph (2015), Helen Barrett (2016), Chris Nolan (2017) and Julie Chemmanam (2018).

She reported that of the four life members awarded during her presidency, two were women!

The President welcomed the new members to the Board: Marina Mickleson (WA), Victoria Rudland (NSW) and Arianne Sweeting (NSW). Sarah Price was invited to the podium and introduced as the new President and Chair of the Board for 2018-2020. Sarah Price thanked Leonie Callaway for her years of leadership and presented Leonie Callaway with a commemorative plaque.

Meeting Close.



Leonie Callaway thanked as outgoing President and Board Chair



## Newsletter Editor's Comments

Dr Arianne Sweeting, Endocrinologist, Sydney NSW  
Joined the Board on 24 August 2018

It is my pleasure to take on the role of ADIPS Newsletter Editor on behalf of the ADIPS Communications Committee in 2019. Thank you to the outgoing editor Dr Sarah Price for her dedication and effort over the past few years - fortunately her musings will continue to be found in the ADIPS President Report!

My current roles include staff specialist Endocrinologist within the diabetes in pregnancy service at Royal Prince Alfred Hospital, Sydney, clinical trials investigator at the Boden Institute of

Obesity, Nutrition, Exercise & Eating Disorders, University of Sydney, and clinical lecturer at the Sydney Medical School, University of Sydney. As an NHMRC Early Career Fellow, my ongoing research interests continue to focus on gestational diabetes and obesity in early pregnancy, as well as early risk prediction tools for gestational diabetes.

Please forward any articles or content for future newsletters to: Dr Arianne Sweeting  
arianne.sweeting@sydney.edu.au



## ADIPS Guidelines Update

Dr Victoria Rudland, Endocrinologist, Sydney NSW  
Joined the Board on 24 August 2018

In March 2018, I was appointed by the ADIPS board to lead the update of the 2005 ADIPS Management of Diabetes in Pregnancy Guidelines. The guidelines have been completely revised. I would like to take this opportunity to thank all members of the guideline development group for their substantial, valuable and thoughtful contributions. Following ADIPS board review and approval of the updated guidelines, there will be a process of wide stakeholder engagement, which will include the ADIPS membership and other lead organisations. We are working towards a provisional completion

date of late 2019. A progress update will be provided at the 2019 ADIPS ASM.

Members of the ADIPS Diabetes in Pregnancy Guideline Development Group:

Dr Victoria Rudland (Chair) | Professor Leonie Callaway | Dr Sarah Price | Dr Helen Barrett  
Dr Ruth Hughes | Dr Sarah Glastras | Ms Janet Lagstrom | Dr Cindy Porter | Dr Ian Fulcher  
Dr Peter Wein | Professor David Simmons  
Professor David McIntyre | Dr Fiona Britten

# ADIPS Limited Finance Report 2018

ADIPS Limited produced a surplus of \$1,389 for the operating year 01 July 2017 to 30 June 2018 compared with a loss of \$15,860 in 2016-17. The result was expected based on the receipt of the usual income and no unplanned expenditure. The loss in 2017 was largely due to less income from the ASM 2016 and some non-recurring expenses.

Historically, the Society has sustained losses in 2013, 2014, 2015 and 2017 and therefore it was necessary to increase the membership subscription fees which have been traditionally very low compared to other specialist medical society fees. The fee structure is now tiered in an attempt to keep the costs manageable for those members on lesser incomes. It may be necessary to further increase the fees if the Society is to continue to cover the cost of managing its day to day activities.

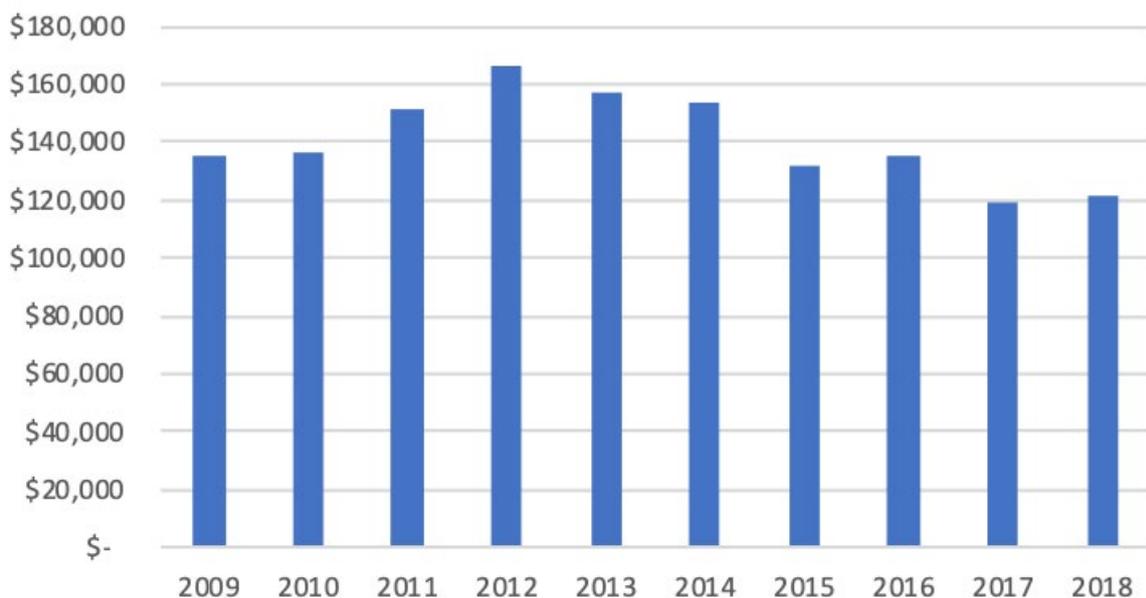
The Society income is largely from membership fees and the profit from the Annual Scientific Meeting each year.

The net assets of the Society in 2018 were reported as \$121,073. The Society assets have remained relatively stable over the past 10 years but we saw a small decline in 2015 mainly due to legal fees associated with changing the Society structure from Incorporated in Victoria to a Public Company Limited by Guarantee, a structural change that was necessary. The trend in the Society assets over the past 10 years are represented in Graph A.

The Society has moved away from the tradition of having a single Treasurer and have now formed a Finance, Audit and Risk Committee. The two directors who were on this committee during the 2017-18 financial period were Helen Barrett and Ian Fulcher and supported by Ms Suzie Neylon, Company Secretary and Executive Officer. The caretakers of the Society funds for 2019 and 2020 are Janet Lagstrom and Cindy Porter who will also be supported by Ms Suzie Neylon.

The Society financial statements for 2018 were prepared by Tinworth & Co, Chartered Accountants. The report is a summary of the full financial report.

## Asset trends for 10 years



Graph A: ADIPS Asset trends from 2009 to 2018

# Membership

The Society currently has over 400 members listed on their database but less than half of these are currently financial. With better online technology introduced in 2018 we hope to encourage more members to pay their dues in a timely manner or else risk being removed from membership.

The membership is composed of a variety of health professionals and researchers with an interest in diabetes in pregnancy including Endocrinologists, General Physicians, Obstetricians, Obstetric Physicians, General Practitioners, Research Scientists, Diabetes Educators, Dietitians, Midwives, Podiatrists, Pharmacists, Registrars and Advanced Trainees as well as other interested health professionals.

The benefits of membership include:

- Discounted registration fees to attend the Annual Scientific Meeting
- Opportunity to participate and present at the Annual Scientific Meeting
- Opportunity to apply for a variety of grants and awards including the Graz Clock Award, Emerging Investigator Award, Allied Health Presentation Award and Outstanding Poster Award available at the Annual Scientific Meeting
- Opportunity for junior members to apply for Educational Travel Grants to attend the Annual Scientific Meeting
- Opportunity to apply for the ADIPS-Novo Nordisk Research Grants for Scientific, Clinical & Education Research
- Invitations to comment and participate in review of major clinical guidelines
- Receive regular newsletters and E Bulletins updates on the latest news and activities of the Society and in the wider diabetes in pregnancy community

- Participate in other research and educational activities and projects conducting by the Australasian Diabetes in Pregnancy Society Limited.

The fees for membership for 2018 were:

## **Tier 1 – Medical Practitioners - \$165.00**

(includes \$15 GST)

This tier includes independent medical practitioners in current clinical practice (eg. Physicians, Obstetricians, General Practitioners etc).

## **Tier 2 – Researchers, Nurses, Allied Health and Registrars - \$110.00**

(includes \$10 GST)

This tier includes Basic Researchers, Registered Nurses, Diabetes Educators, Midwives, Dietitians, Podiatrists, Registrars, Advanced Trainees, and any other health professional (medical or scientific) working in diabetes in pregnancy.

## **Tier 3 – Students - \$99.00**

(includes \$9 GST)

This tier includes medical and scientific students who are enrolled in a training program and have not graduated and are not earning a salary over \$30K.

The fees for international members were the same but excluded the GST component. The membership year is from March to March each year.

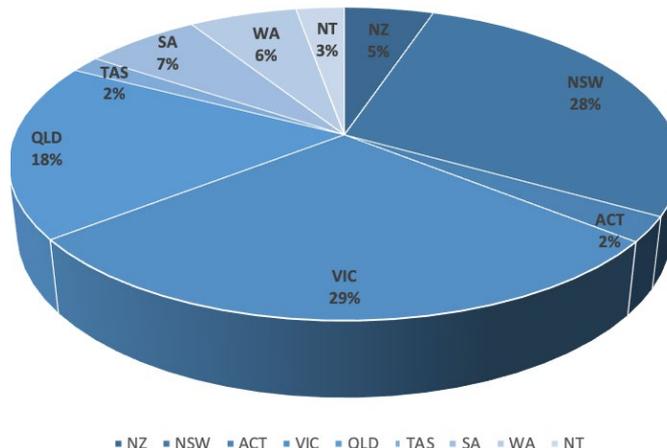
The members of the Membership Committee for ADIPS for 2018-2020 are Cynthia Porter, Janet Lagstrom, Marina Mickleson and Suzie Neylon.

# Membership Composition

## Membership by State

The distribution of the total membership throughout Australia and New Zealand is represented in Graph 1 with 29% in Victoria, 28% in NSW, 18% in Queensland, 7% in South Australia, 6% in Western Australia, 3% in the Northern Territory, 2% in the Australian Capital Territory and 2% in Tasmania. 5% of the total membership are in New Zealand.

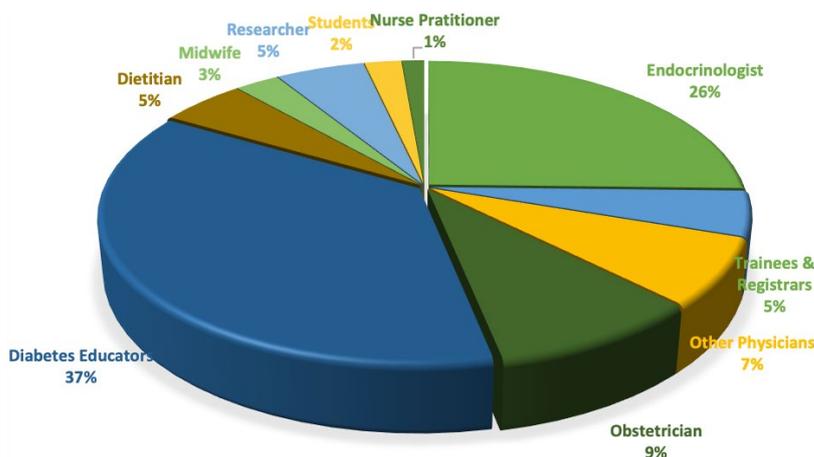
Graph 1: ADIPS Membership by State Distribution (2018)



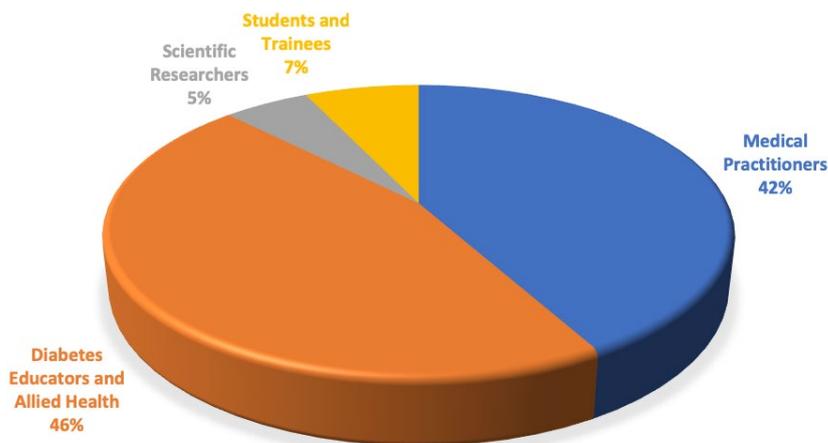
## Membership by Occupation

Based on the current information provided to ADIPS by its members, the following broad category occupations are represented: Endocrinologists (26%), Other Physicians (7%), Trainees and Registrars (5%), Obstetricians (9%), Scientific Researchers (5%). Diabetes Educators (37%), Dietitians (5%), Midwives (3%), Nurse Practitioners (1%) and Students (2%). This data is represented in Graph 2.

Graph 2: ADIPS Membership by occupation (2018)



Graph 3: ADIPS membership by broad category occupation (2018)



## Medical Practitioner Members

The medical practitioner members collectively represent 42% of the overall membership (see Graph 3) and within this 42%, 70% are Physicians with 54% Endocrinologists and 16%

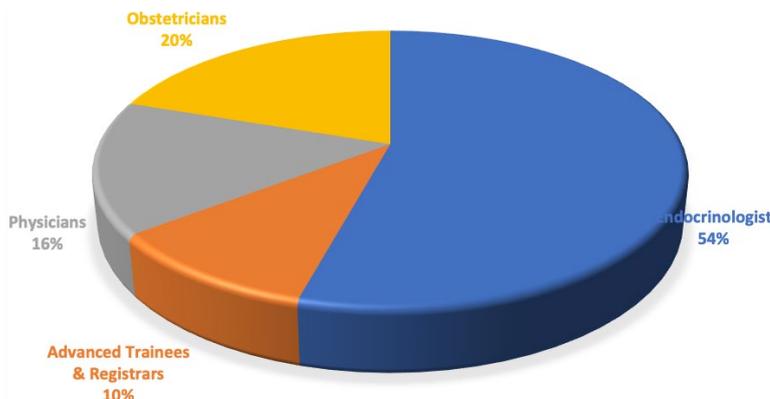
# Membership Composition continued

General and all other physicians. Obstetricians comprise 20% of the medical practitioner members with 10% trainees and registrars. (See Graph 4).

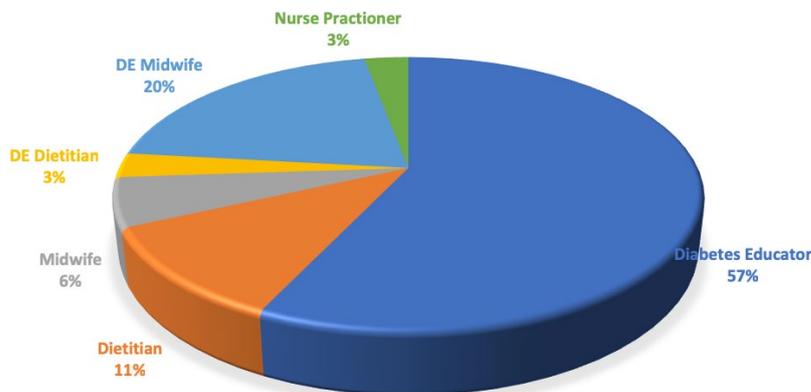
## Diabetes Educators and Allied Health Members

Diabetes Educators and Allied Health Professionals represent 46% of the current ADIPS membership (see Graph 3). Diabetes Educators have the highest representation with 57%. 20% of this membership component are Diabetes Educator Midwives with another 6% who are solely Midwives. Dietitians represent 11% with an additional 3% who are Diabetes Educators as well as Dietitians. Nurse Practitioners represent 3%. This information is represented in Graph 5.

**Graph 4:** ADIPS Medical Practitioner member breakdown (2018)



**Graph 5:** ADIPS Diabetes Educator, Midwife and Dietitian member breakdown (2018)



The 2019 local organising committee is pleased to announce that the 2019 ADIPS Annual Scientific meeting will be held at the International Convention Centre Sydney from 23 - 25 August 2019.

**Visit [www.adipsasm.org](http://www.adipsasm.org) for more information**



# ADIPS Diabetes in Pregnancy Clinical Audit Programme

Professor David Simmons, Endocrinologist, Sydney NSW  
Joined the Board on 27 August 2016

The Australasian Diabetes in Pregnancy Society published a pilot study of 3 approaches to clinical audit (paper, stand-alone electronic, networked electronic) across 9 different clinical settings (rural, urban, large proportion of indigenous, New Zealand) linked with a Benchmarking Centre in 2007 [*Australian and New Zealand Journal of Obstetrics and Gynaecology* 2007;**47**:198–206].

Based on the findings of that exercise, and developments in the field since, a working group, a revised dataset, a data dictionary, a process for de-identification of patients and sites, a publication protocol and proposed central data analysis and reporting site protocols have been developed to establish a Clinical Audit for 2018-2019 should funding be identified. The new pilot would not commence until after rigorous testing of the process and tools across the range of settings to ensure a sustainable and well tested approach to the audit has been undertaken.

The proposed system will only be able to support analysis of De-identified Electronic Data. An evaluation of the processes used and the reports generated would be undertaken. Governance over the process would be through the ADIPS Board, with the de-identification process undertaken in South West Sydney. Discussions are underway as to the location of the data warehouse. The need for the audit was presented to the Federal Minister, the Hon Greg Hunt at the National Diabetes Forum in October 2018. After the Forum, the Australian Institute of Health and Welfare (AIHW), indicated their interest in assisting with the data repository and to align the ADIPS dataset

with other Australian Datasets. The AIHW has a range of protocols to ensure that if the ADIPS Diabetes in Pregnancy Clinical Audit Programme was to be housed with them, users of the audit process would be protected. Discussions are therefore underway currently regarding next steps.

For those interested in participating (eg with an existing current or older dataset, or able to commence a new 12 month retrospective/prospective dataset), please contact:

Professor David Simmons  
Da.simmons@westernsydney.edu.au  
David Simmons on Behalf of the working group

Members of the working group:

Professor David Simmons (Chair)  
Dr Vincent Wong  
Professor Robert Moses  
Professor N Wah Cheung  
Ms Suzanne Hill  
Dr Arianne Sweeting  
Professor Jeremy Oats  
Dr Alexis Shub  
Dr Myra Yeo  
Professor Jeff Flack  
Dr Ian Fulcher  
Dr Peter Davoren  
Dr Dorothy Graham  
Dr Julie Chemmanam  
Dr Louise Wolmarans  
Dr Anne Duffield  
Associate Professor Louise Maple-Brown  
Professor Christopher Nolan

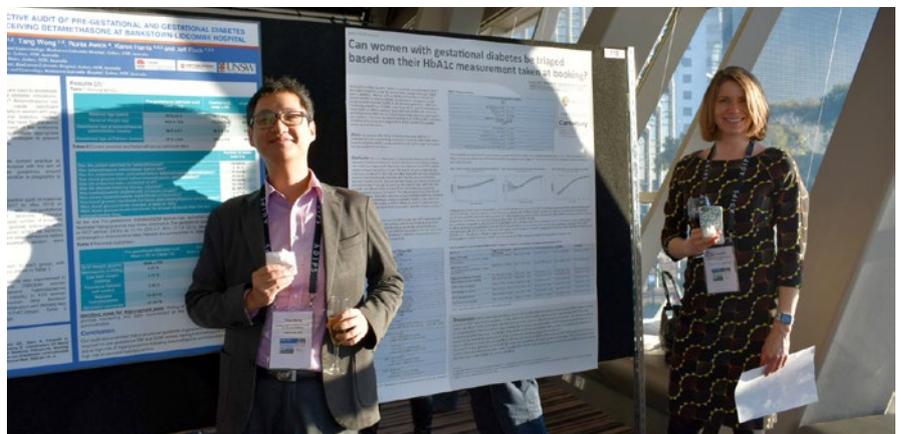
# 2018 ADIPS Annual Scientific Meeting Report Adelaide

As always, ADIPS did not disappoint. Adelaide provided a beautiful location to catch up with colleagues old and new. The program was impressive, reflected in the conference rooms brimming without an empty seat in sight.

It is hard to start without mentioning the ADIPS/ADS Skip Martin plenary presentations given by Prof Boyd Metzger and Dr Helen Barrett. To learn about the history and progression of research and knowledge around diabetes in pregnancy over the last century, and the fundamental part that Boyd has played was inspirational. Helen Barrett's presentation on our glucocentricity in managing diabetes in pregnancy certainly challenged my thinking and provided fuel for some heated discussion amongst myself and some of the other more junior members of our society. The session on "pre-conception care to a healthy baby" was interesting, with the perspective of the fertility specialist, dietitian and neonatologist. A/Prof Louise Hull demonstrated the variability in screening for abnormal glucose metabolism across fertility centres, and reinforced the need for guidelines. Susie de Jersey's "search for utopia" reinforced that perhaps our focus should be personalised



Thanking Julie Chemmanam for Chairing Organising Committee



Tang Wong and Ruth Hughes with Posters



nutrition advice- given the lack of evidence for a particular diet, and the large inter-individual variation in postprandial glucose responses. A/Prof Michael Stark reminded us that the challenges in management continues in the neonate-and that this is a relatively evidence free zone. He gave us some interesting insights into the future where possibly we will see more intraamniotic corticosteroids... perhaps this will mean less maternal hyperglycaemia!! The clinical orals on Friday afternoon were interesting, ranging from Emma Jamieson's presentation about the limitations of GDM screening in remote communities and Thomas Cade outlining the impact on neonatal and maternal health and economic analysis of the new criteria for GDM diagnosis.

Saturday started on a high with Prof Metzger updating us on the key findings of the HAPO follow up study. It isn't surprising that as maternal glucose rose, the offspring were at increased risk of obesity and adiposity 10 years later, and that maternal BMI attenuated but didn't eliminate this association.

The following discussion around the diagnostic criteria was excellent, with Prof David McIntyre discussing the current Australia and NZ criteria, followed by Prof David Simmons comparing this to international criteria. It was interesting to hear the perspective of Janet Lagstrom, working in a more rural community and the unique challenges they face. We then

had a tour de force on diabetes complications, and a great practical session on insulin pumps and CGM. This was followed by a heated debate on whether insulin therapy should be the first choice after medical nutrition therapy fails. Fortunately the debate and discussion could continue at the conference dinner, so long as one was brave enough to don a “crazy hat”.

On Sunday we heard about the different models of care





being implemented at different centres, followed by excellent oral presentations and a complex case discussion. I find myself already looking forward to next year, and I'm sure we all leave with an increased feeling of responsibility to play a part in aspiring towards achieving the St Vincent's declaration during our careers, as so many before us have done.

**Dr Naomi Eastwood-Wilshere**  
Obstetric Medicine Registrar  
Mater Hospital Brisbane



# ADIPS ASM Grant and Award Winners 2018

Please join with us to congratulate the following members who received grants and awards at the ADIPS Annual Scientific Meeting in Adelaide in August 2018:



Sarah Price Graz Clock Award presented by Leonie Callaway

## The ADIPS Graz Clock Award 2018

For the best overall oral presentation given by an early career investigator

**Sarah Price**

**Abstract titled:** 'Health consequences for mother and baby of substantial pre-conception weight loss in women with obesity: Interim analysis of 'time to conception' data'.



Emma Jamieson Emerging Investigator Award presented by Leonie Callaway

## The ADIPS Emerging Investigator Award 2018

For the best oral presentation given by an emerging investigator

**Emma Jamieson**

**Abstract titled:** 'Implementation in the real world: OGTT failing to detect women at risk of GDM-related adverse birth outcomes'.



Ahmed Hussein Outstanding Poster Award 2018

## ADIPS Outstanding Poster Award 2018

For the best overall poster presentation

**Ahmed Hussein**

**Poster titled:** 'Retrospective audit of pre-gestational and gestational diabetes women receiving betamethasone at Bankstown-Lidcombe'.

## ADIPS Best Allied Health Poster Award 2018

For the best poster presentation by an allied health professional

**Susan de Jersey**

**Poster titled:** 'Increased resources for GDM improves access to best practice dietetic care'.

# ADIPS ASM Grant and Award Winners 2018

## ADIPS Educational Travel Grants 2018

ADIPS were please to support educational travel grants for early career members to attend the Annual Scientific Meeting in Adelaide to present their work.

The 2018 grants were awarded to:

**Anne Harrison, Danielle Schoenaker, Shamil Cooray, Shelley Wilkinson.**

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## ADIPS-Novo Nordisk Research Grants Winners 2018

There were three ADIPS-Novo Nordisk Research Grants on offer for Clinical, Scientific and Education research projects in 2018. Applications for these grants are only open to ADIPS members. These grants are an encouragement award in the field of diabetes in pregnancy and are generously co-funded by ADIPS and Novo Nordisk Pharmaceuticals.

Here are the winners for 2018.

### Education Research Grant awarded to:

**Rosemary Young (ACT)**

**Project Titled:** “An investigation into the effect of different evening snack regimens on overnight and fasting glycaemic control in women with Gestational Diabetes Mellitus”.

### Clinical Research Grant awarded to:

**Ana McCarthy (SA)**

**Project Titled:** “Use of Freestyle Libre (Flash Glucose Monitoring Device) in Patients with Type 1 and Type 2 Diabetes During Pregnancy: An Observational Study”.

### Scientific Research Grant awarded to:

**No applications received in this section.**

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The ADIPS Limited Board and Members gratefully acknowledge Novo Nordisk Pharmaceuticals for co-supporting these valuable research grants.



# Honorary Life Membership Awarded 2018

## Chris Boorman

Chris initially trained as a general nurse and midwife completing training in 1970. She spent the next 15 years working as a general registered nurse at the Port Pirie hospital for 4 years then Gribbles Pathology and Calvary Hospital concurrently (in this time she also married and had 2 children). In 1985 Chris joined the Diabetes team at the Queen Elizabeth Hospital. She became Clinical Nurse Consultant of the unit in 1987 and held this position for 5 years before leaving to establish a Private Diabetes Centre at Burnside Memorial Hospital. She co-ordinated the Centre for 20 years before leaving to set up her own Private Practice in 2012. Chris retired in 2016

to pursue a life of travel, golf, long lunches and undisturbed reading for pleasure!

She was an active member of ADEA from 1987 holding positions at various times of president of the state branch and also as National Committee state representative.

She joined ADIPS prior to 1988 and had the pleasure of holding the purse strings for an accumulated total of 10 years.

Her major interest has always been in diabetes and pregnancy and more latterly the transition of many young women to insulin pumps.



Leonie Callaway awarding Chris Boorman Honorary Life Membership

# Honorary Membership Awarded 2018

## Boyd Metzger

Boyd Metzger, M.D. is the Tom D Spies Emeritus Professor of Nutrition and Metabolism in the Division of Endocrinology, Metabolism & Molecular Medicine, Department of Medicine at Northwestern University Feinberg School, Chicago, IL.

Boyd Metzger was an undergraduate at the University of South Dakota and earned his M.D. at University of Iowa. He was Intern, Medical Resident and Clinical Fellow in Metabolism at Michael Reese Hospital in Chicago and a Postdoctoral Fellow in Biological Chemistry at Washington University in St. Louis.

Dr. Metzger has had “career-long” research and clinical interests in diabetes-related disorders. He headed Northwestern University’s Clinical Center of the Type 2 Diabetes Prevention Program. For decades, he has investigated the impact of gestational diabetes mellitus, preexisting diabetes and states of altered nutrition during pregnancy on intrauterine, perinatal and lifelong health of offspring. He has served on editorial boards of *Diabetes* and *Diabetologia* and was a member of the Organizing Committee of all five ADA sponsored International Workshop Conferences on gestational diabetes mellitus and Chairman and Proceedings Editor of the last three. He was the Principal Investigator of the NICHD/NIDDK funded “Hyperglycemia & Adverse Pregnancy Outcome (**HAPO**)” study and chaired the International Association of Diabetes and Pregnancy Study Groups (IADPSG) Consensus



Panel that developed new recommendations for diagnosis and classification of hyperglycemia in pregnancy. He is also Principal Investigator of the recently completed, NIDDK/NICHD funded HAPO Follow Up Study that examined associations of intrauterine metabolism with long term outcomes in mothers and children.

## Vale Lois Jovanovic 1947 - 2018

Lois passed away at her home in Santa Barbara on 18 September 2018 for reasons not believed to be related to her diabetes. Her grandmother was one of the first people to ever receive insulin (from Dr Best in 1922) and her father also developed type 1 diabetes and died at an early age with Lois, as a child, in support. Lois went to New York, originally to become a ballerina but instead completed a medical degree! Lois was unfortunately also diagnosed with diabetes when she had a premature birth at 29 weeks. Since that time she devoted her life and career to research and clinical care of women with diabetes, and of pregnancy in particular.

She completed her undergraduate degree at the Albert Einstein College of Medicine in New York and shortly afterwards, in 1980, completed her initial research showing that women with type 1 diabetes could have a normal pregnancy, and a normal pregnancy outcome, if their

glucose levels were strictly regulated. She joined the Sansum Institute in 1986 and was Chief Executive for 18 years from 1996 until her retirement in 2013. At an early stage she was a principal investigator in the Diabetes in Early Pregnancy Study and the Diabetes Control and Complications study. She had a passion for continuous glucose monitoring and was one of the early developers of computer assisted glucose monitoring, insulin infusion devices and an artificial pancreas. She was a renowned international speaker, received honours more numerous than can be documented, and authored more than 500 publications.

She positively influenced everyone she came in contact with and was a giant in her field, despite being only 1.5 m tall! The world of diabetes in pregnancy has been greatly enhanced by her presence and it is with regret that we say goodbye to a colleague and a friend.

